Lead Poisoning
Prevention Resources

Thomas Gilchrist, CLEARCorps Detroit
Get Your Child Tested

- Get your child tested for lead each year from age nine months to age six.
- Lead only stays in blood for up to one month
- Call the Detroit Health Dept. at 313-410-8142.
  - Get tested at:
    - Your PCP
    - Children’s Lead Clinic: (800) 745-KIDS
    - Samaritan Center: 313-579-4400
- A child is lead poisoned with a level of 5V µg/dL or higher.
- If you have a Capillary (C) test result, confirm the level with a follow-up Venous (V) blood test.
Feed Your Child Right

A healthy diet can prevent lead from getting into your child’s system.

Feed your family:
- A diet rich in calcium and iron
- Fruits and veggies
- Lean meats
- Whole milk until age two
- 2%, 1%, or skim milk after age two
- Limit milk to 24 ounces per day
- A daily multivitamin

Avoid fried foods and sugary foods because the body can store lead in fat.
Wet Clean Lead Safe

Assume this door jamb paint contains lead and makes dust.
Bare Soil

Do not let children play in bare dirt, near windows, or on porches with old paint. Cover bare dirt with grass.
Bare Soil

Wash children’s hands, toys, bottles, and pacifiers often.
Demolition

Lead dust exposure zone from dry demolition
(Average of 16 scenarios)

Image Credit: Center for Urban Studies
Lead Abatement Grants

- MDHHS Lead Safe Home Program
  - Michigan.gov/lead, 517-335-9390
- Detroit HRD Lead Safe Home Program
  - 313-224-6380
- Detroit HRD CityWide CDBG Lead Program, 313-224-6380
- City of Detroit 0% Interest Loan Program, DetroitHomeLoans.org
CLEARCorps Resources

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